

How Mid-South Food Bank Feeds the Need

Our Agencies

Mid-South Food Bank serves charitable agencies that feed hungry and needy people in west Tennessee, east Arkansas and north Mississippi. They include emergency food pantries, soup kitchens, shelters for the homeless, abused women and children, rehabilitation programs, daycares for children, the elderly and the disabled, and after-school programs. Mid-South Food Bank is the only organization in the region, public or private, to supply food to all qualified charitable organizations.

Distribution

Mid-South Food Bank is a major food distribution operation, supplying millions of pounds of food and grocery items to member agencies every year. The agencies order food from an ever-changing list of available items. Orders are sorted, packed and either picked up by the agencies or delivered by Mid-South Food Bank trucks. The agencies pay a shared maintenance fee (handling charge), which averages 10 cents per pound.



Special Programs

Kids Cafes feed needy children a hot, nutritious meal in a restaurant-like atmosphere. The kids also receive nutrition and healthy lifestyle education. The **Food For Kids** backpack program gives kids a backpack filled with wholesome food to take home on weekends.



The **Prepared and Perishable Food Recovery** program collects unserved prepared foods from restaurants, supermarkets and other licensed food service establishments. The food is delivered under refrigeration directly to agencies that serve meals on site to individuals and families.



How You Can Help

Mid-South Food Bank depends on the generosity and support of caring people to help in the fight against hunger.

Donate Money

Send a check now, payable to Mid-South Food Bank. Make your gifts in honor or memory of someone special and Mid-South Food Bank will send an acknowledgement card. Or go to www.midsouthfoodbank.org, to make a secure online donation.



Donate Food

Organize or participate in a food drive. Call Mid-South Food Bank for details on how to run a successful drive. Or visit the Virtual Food Drive on our web site to donate food using your computer.



Donate Time

Volunteers help sort and pack food items, serve food in our Kids Cafes and help at special events. Call Mid-South Food Bank for volunteer opportunities.



Every day, right here in the Mid-South,

- There are children who cannot concentrate in school because they have not eaten.
- There are parents who sacrifice their own nutritional needs so that their children can have something to eat.
- There are elderly people who have to choose between buying food or buying needed medicines.
- There are hundreds of different people who depend on food from Mid-South Food Bank for their very next meal.



Getting through a crisis, getting a job, recovering from an illness, solving a myriad of life problems is nearly impossible when you're hungry. Mid-South Food Bank deals with that most basic of human needs – food – to allow hungry and needy people to solve their life problems.



**MID-SOUTH
FOOD
BANK**
FEEDING THE NEED

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Mid-South Food Bank is a nondenominational, not-for-profit corporation, founded as a program of MIFA in 1981. Mid-South Food Bank became independent in 1988. Mid-South Food Bank is one of 200 food banks and food rescue organizations that are members of Feeding America.

FEEDING THE NEED



Throughout The Mid-South



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